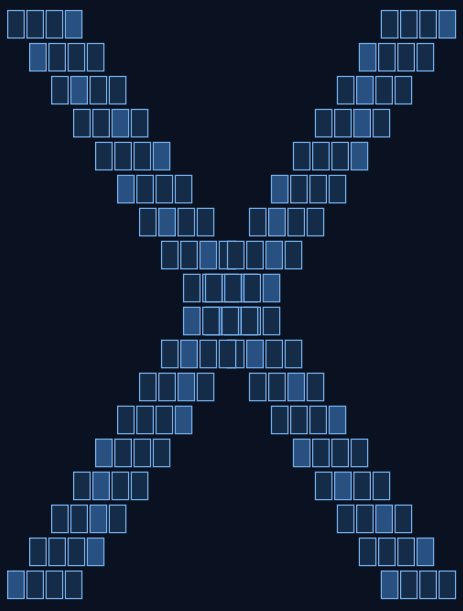
FIELD GUIDE 01 / FOUNDATIONS / FREE EDITION

# Crypto. Your journey starts here.

A Cryptocurrency Beginner's Guide. The early CIX lessons, brought up to date. From your first purchase to keeping control of your coins.



IN THIS GUIDE

01 Buy and move your first coins

02 Cold wallets: Trezor, then Ledger

03 Altcoins, ETH pairs and your plan

Independent thinking starts with a clear process.

Educational material. No investment recommendation or promise of returns. Crypto can lose all its value.

FIELD GUIDE 01 / NOOB TO PRO / 01

# So, where do you start?

Your first question might still be: how do I buy this Bitcoin thing?

### START WITH THE BASICS

You do not need to buy one whole bitcoin. You can buy a fraction. BTC is Bitcoin's native asset. ETH is Ethereum's native asset. Tokens can run on an existing network. An altcoin generally means a cryptoasset other than Bitcoin.

### WHAT YOU ARE ACTUALLY BUYING

A ticker is only a label. Check the asset, network and, for a token, its contract address through the project's official sources. Two tokens can use the same name. A low price per coin does not mean it is cheap: supply and valuation matter.

### THE ROUTE THROUGH THIS GUIDE

First understand the purchase. Then understand the wallet. Then make a small test transfer. Only after that do we get to altcoins, trading pairs and your investment plan.

### WHY THIS IS FREE

People helped me when I started. Now I want to pass that help on. These lessons come from the material shared in our former paid community. This edition is open to you, wherever you are starting from.

FIELD GUIDE 01 / NOOB TO PRO / 02

# Your first Bitcoin or ETH.

The easier checkout is not always the cheaper purchase.

## CHOOSE A PROVIDER YOU CAN USE

Compare established providers available in your country. Check their current eligibility, verification, deposit and withdrawal requirements. Coinbase and Kraken are examples to research, not a requirement to open multiple accounts.

## COMPARE THE TOTAL

Before confirming, compare the amount you pay with the amount of crypto you receive. Include the payment fee, trading fee, spread and withdrawal fee. An advanced trading interface can have a different fee schedule from a simple buy screen. Do not assume any route is free.

## A SIMPLE FIRST PURCHASE

Create your account through the official website or app. Secure it with a unique password and strong two-factor authentication. Deposit a small amount using a supported method. Check the order preview, then verify the filled quantity and price in your history.

## THE OLD GUIDE, UPDATED

GDAX is an old product name. The old step-by-step exchange screens, prices and referral discounts are not current instructions. Learn what a purchase costs and how withdrawals work instead of memorising an outdated screen.

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# Your coins. Your control.

Coins are recorded on the blockchain. A wallet manages the keys that control them.

### EXCHANGE OR YOUR OWN WALLET?

On an exchange, the provider normally controls custody. With self-custody, you control the signing keys and the recovery process. Neither choice removes every risk. My preference for holdings is a hardware wallet and a properly protected backup.

### NUMBER ONE: TREZOR

Trezor is my first choice in this guide. Start at trezor.io. Check the exact device's support for the assets and networks you use. Buy through the manufacturer or an authorised seller. Initialise it yourself and follow the official setup instructions.

### NUMBER TWO: LEDGER

Ledger is the second option to research. Start at ledger.com and check supported assets, device features and the recovery model before buying. Do not buy based on an old price or an unverified discount link.

### HOT WALLETS ARE NOT MY VAULT

A hot wallet keeps signing capability on an internet-connected device. I am not a fan of using it for long-term holdings. A separate wallet with limited funds can be useful for applications. Connecting a hardware wallet to an interface is different from importing its recovery phrase into that interface.

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# Protect the backup first.

Your private key and wallet backup are for your eyes only.

## BACK UP THE RIGHT WAY

Follow the device maker's current instructions. Store the recovery information offline, physically protected from loss, theft, fire and water. Do not put it in screenshots, email, cloud notes or a chat. Never use a pre-filled recovery card supplied by a seller.

## CHECK ON THE DEVICE

Verify receiving addresses and transaction details on the hardware wallet's trusted display where supported. A hardware wallet helps isolate the keys. It cannot rescue a transfer or approval you knowingly sign to the wrong destination.

## DO NOT TYPE SECRETS INTO SUPPORT

No CIX admin, giveaway or direct message needs your recovery phrase, private key or login code. Never enter a hardware wallet backup into an online wallet to "connect" it. Use the official device-specific recovery process.

## WHAT CHANGED SINCE THE ORIGINAL

A USB stick with a wallet file is not automatically cold storage. Printed private-key wallets and physical bearer coins introduce their own setup and recovery problems. For this beginner path, learn one well-documented hardware-wallet process properly.

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# Make the first transfer small.

Do a test. Confirm it arrives. Check again before sending more.

### 01 / ASSET AND NETWORK

The receiving service must support the exact asset on the exact network. ETH on Ethereum and an asset on a different network are not interchangeable deposit instructions. Check required memos, destination tags and minimum deposits.

### 02 / ADDRESS AND COST

Get the address from the intended receiving wallet. Verify it rather than copying an address from transaction history. Check the withdrawal fee and keep the network's native coin available for future transaction fees where needed.

### 03 / SEND AND VERIFY

Send a small amount above any minimum. Save the transaction ID. Check the correct network explorer and confirm receipt in the receiving wallet or account. Network confirmation and an exchange credit are different stages.

### 04 / IF IT DOES NOT ARRIVE

Do not send more to "unlock" the transfer. Recheck the network and transaction status. Contact the provider through its official support route. Blockchain transfers generally cannot be cancelled after confirmation.

**THE TRANSFER CHECK**

ASSET + NETWORK → VERIFIED ADDRESS → SMALL TEST

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# How do you buy altcoins?

Find the right token before looking for the right entry.

## TWO COMMON ROUTES

A centralised exchange may list the asset you want. A decentralised exchange such as Uniswap can swap supported on-chain tokens from your wallet. Not every coin exists on every network, and Uniswap does not list every cryptoasset.

## UNISWAP: THE STARTING POINT

Use app.uniswap.org, reached through uniswap.org. Verify the selected network and token contract against official project information. Connect a compatible wallet through its normal connection flow. Connecting never requires sharing a recovery phrase.

## READ THE PREVIEW

Select what you pay and what you receive. Check the quoted output, price impact, slippage tolerance, network cost and any additional fees. Token approvals and the swap can be separate actions. Read the spender and allowance before signing.

## DO NOT FORCE A BAD TRADE

Price impact is the effect of your order on available liquidity. Slippage is a difference between the expected and actual execution price. Raising the tolerance does not make a thin market liquid. Unknown tokens can have transfer restrictions or other harmful behaviour. Start by observing, then use only a small test if your checks are complete.

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# Read the pair, not just the price.

The currency on the right changes what your result means.

### BTC, ETH OR DOLLARS?

In TOKEN/ETH, the token is priced in ETH. In ETH/USD, ETH is priced in dollars. For an ETH-based account, I want to know whether a trade grows the amount of ETH, as well as what happens to the dollar value.

### WORKED EXAMPLE

You hold 1,000 tokens at 0.0001 ETH each: 0.1 ETH. If the token rises 10% against ETH, that becomes 0.11 ETH before costs. If ETH itself falls 20% against the dollar, the dollar result is 1.10 × 0.80 − 1 = −12%.

### WHAT IS A SATOSHI?

One bitcoin contains 100,000,000 satoshis. One satoshi is 0.00000001 BTC. A token quoted at 250 sats costs 0.00000250 BTC per token. Always check whether a chart shows USD, BTC or ETH.

### A STABLECOIN IS AN ASSET TOO

USDT and USDC aim to track the dollar. They still involve issuer, reserve, network and depegging risk. Moving into a stablecoin changes your exposure; it does not remove every dependency.

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# Day trading or investing?

Decide what you are doing before the market decides for you.

### DAY TRADING

You are working with shorter moves, defined entries and exits. It takes time, practice and execution discipline. Jumping from one promoted coin to the next is not a plan. Fees and bad fills can eat a small account quickly.

### INVESTING

You research the project, the team, the token's purpose, supply, incentives and valuation. You consider a longer horizon and write down what would change your view. Long term does not mean "buy and never question it again".

### WHAT CRYPTO MAKES POSSIBLE

Open networks can allow direct transfers and self-custody. Access, speed and costs depend on the network and services involved. Public chains are generally transparent and pseudonymous, not automatically anonymous. Do not assume crypto hides your identity or makes fraud impossible.

### FIVE RULES I WANT YOU TO KEEP

Protect your keys. Understand the pair. Decide your exposure before entry. Know when your idea is wrong. Keep a record of losses as well as wins. You do not need high leverage to begin learning.

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# Learn the language. Keep thinking.

A few familiar words will make the conversation easier to follow.

### BULLISH / BEARISH

Bullish describes an expectation of rising prices. Bearish describes an expectation of falling prices. Neither word explains the evidence behind a view.

### HODL / FOMO / FUD

HODL is community shorthand for holding. FOMO means fear of missing out. FUD means fear, uncertainty and doubt. A bad fact does not become false because someone calls it FUD. Holding is not a rule that you must never take a loss.

### TA / DYOR / REKT

TA means technical analysis. DYOR means do your own research. REKT describes a heavy loss. Research includes checking the opposing argument, not just collecting reasons to agree.

### YOUR NEXT STEP

Open the Candlesticks & Chart Patterns guide. Work through one chart and its context. If you want my account-building framework, request Small Accounts Into Big Ones: The Account Builder Playbook and join the free weekly Noob to Pro course.

FIELD GUIDE 01 / EDITION / REFERENCES

# Check. Learn. Come back.

A refreshed edition of the supplied CIX archive material. Updated 21 September 2026.

Trezor backup guidance

https://trezor.io/guides/backups-recovery/general-standards/how-to-use-a-wallet-backup

Ledger recovery phrase guidance

https://www.ledger.com/academy/basic-basics/2-how-to-own-crypto/whats-a-secret-recovery-phrase

Uniswap help

https://support.uniswap.org/

Ethereum wallets and security

https://ethereum.org/en/security/

## ABOUT THIS EDITION

The archive includes compiled educational material. This edition preserves the original learning path and selected historical examples while correcting outdated instructions. Patterns and examples are teaching tools, not promises of profit. The Noob to Pro name describes a learning journey, not a qualification.

FIELD GUIDE 01 / CONTINUE LEARNING

# Think independently.
# Learn together.

People helped me when I started. Now I am passing the lessons on. Learn with CIX369, share your reasoning and bring your questions.

### JOIN THE FREE COMMUNITY

Discuss the process. Ask better questions.
Compare evidence before forming a view.

t.me/JoinCIX

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